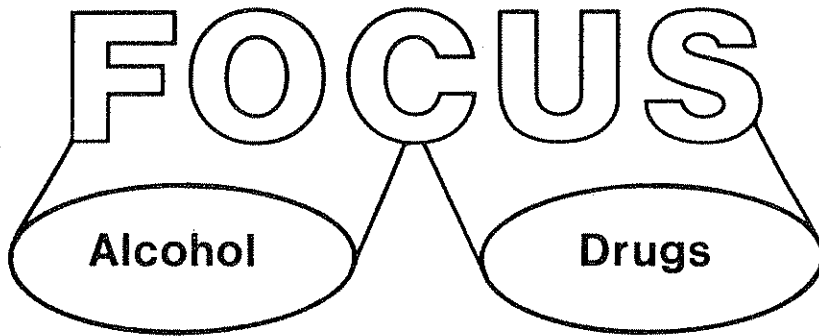


# Bureau of Alcohol and Substance Abuse



MERRY  
CHRISTMAS

Vol. 1

No. 3

November/December, 1979

Nov/Dec, 1979

## WSCA Annual Meet Votes Reshaping: Seattle Ad Exec. New President: National Figures Enhance Spokane Meeting

In what many described as the most fruitful annual meetings of the Washington State Council on Alcoholism, the group voted to OK a long-standing proposal of reorganization along DSHS Regional lines to achieve more community in-put, increase the citizen volunteer effort and in general make the WSCA more meaningful and active at the local level. The re-shape project had been in the think-tank and in committee process for about 3 years.

The group also named Jerauld D. Miller, co-owner and manager of Jerauld/Douglas/Miller Inc., Advertising and Marketing, Seattle, as new president, succeeding Charles B. Nelson, Spokane.

Miller has been highly visible and active in many community activities in the Seattle area for more than 20 years and brings the "citizen input" so much desired by the council.

Brendan Coleman, Director of the Cabrini Alcohol Program in Seattle was tabbed as Vice President; Bob Dickason, Executive Director of the Central Area CAC, and active in the statewide training committee and who will also serve as chairman of the statewide minority committee when formed, will serve as treasurer and long-time member, active in the womens task force, founder and director of Olalla Guest Lodge, Dorothy Hall, was voted secretary. Jerry Caffroy, remains as executive director.

## Father Martin Billed for Tacoma

The Tacoma Bicentennial Pavilion will be the podium for Father Martin who makes another of his rare Northwest appearances in Tacoma on December 20. The Pavilion seats 2,000. Admission will be \$3.00. The appearance is being arranged as a joint venture of the Mens Service Department of the Tacoma Salvation Army with Lieutenant Anderson and the Pierce County Alcoholism Administrative Board.

Father Martin will be in the area for three days—on December 18, he speaks in a special program for the Salvation Army, on the 19th at McChord Air Force Base and the public meeting in the Pavilion on December 20.

## Mexican- American Alcoholism Program for Walla Walla

The Bi-County Mexican-American Alcoholism Program (BI-MAAP) opened it's doors in a new office as of June 16, 1979.

The project's new director, George Flores, is restructuring the program providing services to Mexican-Americans who have alcohol or alcohol-related problems in Walla Walla and Columbia counties.

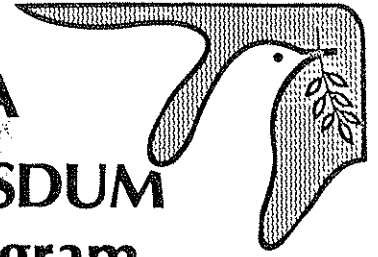
Funded by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), the program has been in existence for three years.

Since Flores assumed directorship, BI-MAP has been certified to provide Alcoholism Outpatient Treatment Services, Alcoholism Information and Referral Services, and Alcohol Information School Services. Flores will also be on the State Minority Task Force Committee when it is approved by the Governor.

The program is unique not only because it is the only one of its kind in the state, but because it can provide adequate treatment services in Spanish. Ninety-five percent of the counseling, and our A.I.S. is done in Spanish with Spanish films.

The program has been restructured to meet the alcohol needs of the local community as well as the migrant population.

# NEW NIDA HEAD CONCERNED WITH ALL ADDICTIVE PHENOMENA

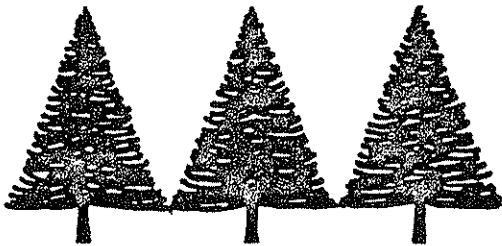


New Director of NIDA, Dr. William Pollin, says there is now opportunity for study of long-term redirections of NIDA's mission. Pollin says this opportunity comes because the incidence and prevalence of heroin abuse has decreased.

"Heroin abuse had been the major factor of the crisis atmosphere which led to explosive growth in drug programs and creation of NIDA," Pollin said, "now we will be able to focus more attention to what seems to be the basic factors of addictive disorders such as drug abuse, alcoholism and compulsive overeating."

In an interview with ADAMHA NEWS, Dr. Pollin was quoted, "Personally, I do not think we will ever be able to deal with drug disorders if we don't begin to understand the underlying addictive phenomena and commonalities of addictive behaviors."

Dr. Pollin said he saw NIDA shifting its emphasis to something broader than drug abuse; but, he said, "there are strong, continuing, and compelling reasons for separate alcohol and drug abuse institutes."



## Kitsap Program \$\$\$ Trouble

A possible prison sentence faces 44-year-old Robert M. Peters stemming from a guilty plea to embezzlement of more than \$102,000 from alcoholism treatment funds of Kitsap County.

Kitsap County Prosecutor, Dan Clem, told the Associated Press he will urge the county Superior Court to impose prison as punishment for violation of public trust. Peters had run the Kitsap program under contract with the County Administrative Board for the past eight years.

## Region 6 Counselors Retreat at Quinault

Lake Quinault Lodge was the site of a three-day retreat for counselors of alcohol and drug agencies of Region 6, according to Fred Cook, Region 6 Representative.

The trio of days agenda included such subjects as discussion of barriers to treatment for women, the Revised Juvenile Code, After Care Re-Entry, Employee Advisory Services, Abuse of licit and illicit drugs, and working with the criminal justice system.

Participants included Bill Quick, Chief of the Office of Drug Abuse and Tom Armstrong, Chief of the Office of Alcoholism; Bernice Morehead, DSHS Bureau of Children's Services; Mary Anne Butler, Division of Juvenile Rehabilitation; Bob Maull, St. Joseph Hospital, Vancouver, WA; Bill Hillar, Human Resources Training Institute of Spokane; Mike Six, counselor/evaluator of Cowlitz County CAC; Ken Stark, BASA and Dave Eden, Peninsula Counseling, Port Angeles.

Drug and alcoholism films were also available for participants.

## NIAAA Chief Cancels Northwest Visit

Although no reason was given to FOCUS, John DeLuca, Director of NIAAA who had been scheduled for a Seattle visit, October 28, scratched the trip. He was to have taken a look at King County Alcoholism Services.

## WISDUM Program Makes Changes

The WISDUM (Washington Information System for Drug Units Management) program has changed so that forms containing errors will be entered into the system and all data reported **except that which is specifically in error**. Prior to August, forms containing erroneous information were automatically rejected. The changes will reduce rejected material about 97% and should result in reporting of more comprehensive data to agencies.

WISDUM forms containing errors will generate a report identifying the case and nature of the error and will be returned to the agency for correction.



## Drug Program Clients Show Increase

Statewide drug programs showed a 35% increase in the number of clients served in 1979 over 1978. Figures from Bill Quick, Chief of the Drug Office, also indicated that the percentage of women in treatment had risen from 30% to 39% in a two-year period.

About 75% of the increase is among those clients in drug-free outpatient programs, the remainder in methadone maintenance and residential. There are 80 drug programs working in the state.

The statistic table charted the trends from July 1978 to June 1979.

# From The Desk Of The Bureau Director

By Dean Gregorius

The Bureau is continuing to look for methods to better serve the dual addicted client. A new committee is being formed to give the bureau direction. Four members of the State Advisory Committee on Alcoholism and four members of the Drug Advisory Committee are being appointed to come together within the next two months.

In the spirit of offering information about both alcohol and drugs, the next six month training catalog the bureau publishes will include detailed information about both program areas.

I have just returned from Washington State Council on Alcoholism annual meeting in Spokane. I'm impressed with the strong new direction of the council and a strong sense of unity. Committees have clear directives which are action oriented. The Bureau looks forward to cooperation on mutual program and legislative concerns.

I want to commend Chris Hansen, Staff Planner, and Bill Quick on the recent favorable review of the State's drug plan in Washington D.C. The plan was well received and only minor follow-up reports were required. The plan is closely scrutinized and to have the plan fully accepted at the review process and to have it receive such high praise is most unusual.

**Because FOCUS Editor, Ted Knightlinger, will be out of the State for a good part of January-February, the next Edition of Focus will be slanted to spring with a Feb. 20 deadline. There may be some changes of format and handling so that editions can gain speed and hit the market more quickly.**

## 1980 State Alcoholism Plan Gets HEW Region X Okay

On August 24, the Region X, HEW review team gave the preliminary okay to a voluminous 156-page 1980 State Alcoholism Plan calling for spending of \$10,226,467 in FY 80.

As in the past, the primary objective of the plan is to continue to provide necessary alcoholism services to the residents of the state as provided by the Uniform Alcoholism Act.

Additionally, the plan outlines six general areas of special interest: the alcohol offender, services to special populations, training, interagency coordination, accountability measures, and insurance coverage for alcoholism treatment. Three areas sketched out for special emphasis are the alcohol offender, special population services and training.

Seventeen special objectives are noted in the plan including establishing formal linkages between citizen groups, governmental entities and agencies, and others to maximize treatment and rehabilitation; another calls for revision of WSAMS to reflect current information requirements; improving and implementing the revised BARS system; study of the impact of HB 665 on CAC-AIS activity; developing a curriculum and conducting alcohol education workshops for judges and court personnel; and in the same area, developing a model AIS with guidelines. It was indicated that during 1978, 15,000 persons attended AIS and with the enactment of HB 665, this figure may rise to 27,000. Other objectives cover training and counseling guidelines for juvenile rehabilitation staff; reviewing the need for alcoholism services among minorities and implementation of findings; stepping up family counseling, conducting training sessions on involuntary commitment procedures for county coordinators and court personnel and implementation of the NIAAA Manpower Development Grant project. Funds for this three-

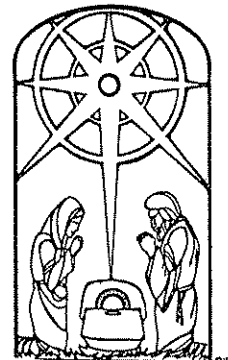
year project at \$30,000 annually have been approved.

Two other objectives include the promotion of a network of employee alcoholism programs in the state and **expanding** the scope of third-party insurance payments. There is already a committee appointed from the Citizens Advisory Council at work on this project to ready recommendations for the department and the next legislative session.

The detailed plan indicated that during 1978, the various reporting alcoholism agencies had 77,264 admissions with an unduplicated count of 48,972 individuals receiving services. The plan also detailed the cooperative efforts with the Native American Alcoholism programs.

**Some statistics picked up from the document show that detox facilities and hospitals provided services to 11,385 persons; and 17% of those admitted one or more times to detox were female; 3,293 individuals received intensive inpatient services; 1,126 were in recovery houses; 2,361 persons received outpatient services separate from CAC with an additional 18,365 individuals receiving such treatment through CACs. Using the Marden Formula, the plan estimated 245,597 persons, age 14 and older in need of alcohol services for drinking problems in the state.**

The final plan, incorporating a few minor changes suggested by the HEW review team, will be published and available by late November.



## Pioneer North Growing Fast

As of late November, Pioneer North, the long-term involuntary commitment facility at Northern State Hospital, had 35 clients in residence. Bob La Lanne, Administrator, said he thought it would not be too long before the figure of 20 was reached and the facility would be entering into Phase II of its program.

La Lanne said clients are coming from all over the state with the exception of King and Spokane Counties who have facilities at present to handle their own case-load; although this may change at a later date.

La Lanne also said he felt the clients were settling in pretty well and accepting the routine and program and he holds high hopes for some successes. There are provisions for recommitment procedures up to 210 days which gives a lot of time for program and treatment, according to La Lanne.

**During the Citizens Advisory Council meeting when Pioneer North was being reported upon, Chairman Bill Schneider said he had met in a "working session" with the advisory group of the facility and termed the new program "as both exciting and amazing." He did mention there were some problems in transportation costs, and perhaps additional medical services, but these were being worked upon.**

## Family Counseling Tops Training List

After extensive tabulation of the training needs questionnaire sent to the alcoholism field earlier this summer, Family Counseling seemed to rate highest on the list of needs by directors and/or assistant directors, supervising or chief counselors as well as counselors and alcohol workers.

(cont. col. 2)

## Father James Royce Named to National Council on Alcoholism (NCA) Post

James E. Royce, S.J., Ph.D., has just been named Vice-Chairman of the Committee on the Religious Community of the Board of Directors of the National Council on Alcoholism. Prior service since 1976 had been on the Education-Prevention Committee.

Father Royce is director of the Alcohol Studies Program at Seattle University and a long-time member of the Washington State Council on Alcoholism. He was chairman of the WSCA Education Committee for many years, and a member of the Executive Committee.

NCA will hold its annual forum in Seattle, May 2-7, 1980 with the Washington State Council on Alcoholism playing a lead role in the planning of the national meeting.



Training (cont.)

Other findings of the survey showed that directors and similar job slots wanted more training in Basic Management, Stress Management and Program Evaluation; top counseling people—family counseling; other counselors and workers—family counseling, drug interaction, nutrition, basic counseling techniques, and confidentiality; and clerical workers—confidentiality.

At the same time, the Alcohol Administrators Survey determined the priorities for that group of personnel staff development, goals and objectives of agencies, and personnel policy development.

(cont. col. 3)

Training (cont.)

The State Health Plan, for information, had listed the following priorities: youth, women, aged, offenders, and ethnic minorities.

The result is a long-term training scheme backed by a \$30,000 annual Manpower Grant and \$23,000 from the Office of Alcoholism.

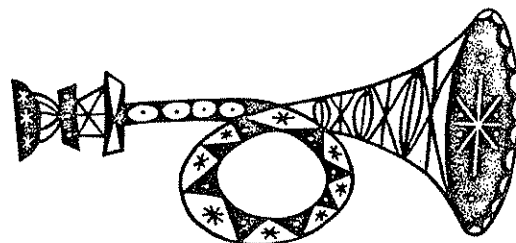
Taking all of the above into consideration plus input from the Regional Representatives and on-site evaluators, the following tentative training schedule has been developed for October 1, 1979, to October 1, 1980.

- Nov. 1979 — Employee Assistance Training for CAC workers
- January 1980 — Alcohol Information Schools Training
- Feb. — Sept. — On-site Staff/Facility Development Training as requested.
- Feb. 1980 — Confidentiality Training
- March 1980 — Family Counseling
- April 1980 — Interaction Between Drugs and Alcohol
- May 1980 — Counseling for the Minority Client
- June 1980 — Basic Counseling Techniques for the Alcohol Center
- August 1980 — Youth and Substance Abusers
- Sept. 1980 — Nutrition

The following will continue through October 1980: (1) Educational Services District (ESD) 121 kits in public schools; and (2) Regional retreats.

Dollars to pay for the proposed training areas are as follows:

- Manpower Grant — \$30,000
- Office on Alcoholism — \$23,000



## HEW Secretary Has "Strong Support to Alcoholism" Says DeLuca

Following briefings of new HEW Secretary, Patricia Roberts Harris, on the alcohol initiatives in which NIAAA Director John DeLuca took part, the Director said the new HEW Chief "clearly feels that the alcoholism/alcohol abuse situation is a severe public health problem." DeLuca is slated for a visit to Seattle, October 28, 1979.

DeLuca also said that after Ms. Harris's review of the departmental initiatives announced last spring by former secretary Califano, she "assured us of her very strong support and commitment to see that these new efforts will continue."

As backup to the support, DeLuca said the administration will be submitting a supplemental budget request to Congress including funds to carry out the program which centers on youth and women's programs. NIAAA missed out on the regular fiscal year 1980 HEW appropriations cycle this year because its authorizing legislation is still hand-fire in the sacred halls. The House has yet to schedule the renewal bill reported by its Commerce Committee.

Further on the Harris briefing, DeLuca told the NIAAA Advisory Council that she was "particularly interested" in the women's program components. There was also strong feeling that Harris would fully back her predecessor's initiatives on minority programs.

DeLuca also announced some top staff appointments: Patricia A. O'Gorman, formerly Director of the Department of Prevention and Education, NCA, to become Director of the Division of Prevention; Peter B. Goldberg, formerly of the Drug Abuse Council will become a Special Assistant to the director, with a "broad portfolio" but will accent on urban affairs and groups.

(cont. col. 2)

### Labels or Not

Aside from the new directions hoped for Under Secretary Harris, the biggest news in Washington, D.C., recently has been the battle of the bottle label with experts coming from everywhere pro and con. No final action has yet been taken.

Director DeLuca testified before the Senate Subcommittee on Alcoholism and Drug Abuse saying, "We believe that warning labels on alcoholic beverages—one of the many ways to carry out the federal government's obligation to warn people of scientifically established health hazards—may well be a useful additional tool in these educational efforts." DeLuca's testimony also indicated that if such labels were used they should be required for beer and wine and he pointed out that while the department does not have statutory authority to regulate advertising of alcohol beverages, that "in order for the people—particularly young people—to be mindful of the dangers of alcohol abuse, it is necessary for advertising to convey some information about the risks of alcohol as well."



## Mahler Heads Group Alcoholism Program Directors

Jack Mahler, Administrator of NW Treatment Center for Alcoholism in Seattle was moved up from Vice-President to President succeeding Terry Seaholm at the September meeting of the Association of Alcoholism Program Directors of Washington State.

Taking over the gavel at the September meeting Mahler gave a supportive statement to the membership for its programs; put out a call for new people to affiliate, the need to redevelop the coalition between the association, the Professional Staff Society and WSCA.

## \$90,000 Three-Year Grant Gives Boost To Training

Approval came on September 26 to Tom Armstrong's Office of Alcoholism giving the okay to a three-year grant program of \$30,000 a year as a Manpower Grant for training.

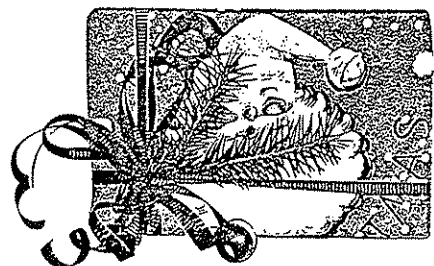
Jean Burgan, Office on Alcoholism trainer spent October 15-19 in San Francisco attending a National Center for Alcohol Education workshop on the State Manpower Development Grant and details of its implementation.

According to Burgan, the National Center for Alcohol Education (NCAE) has produced three excellent kits to train alcoholism counselors.

One is "Counseling from a Cultural Perspective." On this one, Tissia Kemp from Seattle's Central Area CAC, will be named for 12 days of training in Washington, D.C. She will then train other trainers in the state and stage two workshops under guidance of NCAE.

On-site staff/facility development training will be held in Olympia in January for four individuals, and they will do 32 on-site training events.

The third NCAE kit is "Basic Counseling for the Alcoholic Client." Burgan said at least three individuals would be trained in this basic course which will be delivered in the summer of 1980 and ongoing following that session.



**The big reorganization step, simplified, breaks the organization into regions corresponding to those of DSHS with each region having its chairman and a total of 7 working committees and representation on the parent body Board of Directors.**

The move will enable local areas to build up a constituency of citizen advocates for the field of alcoholism, to do an increased amount of local education, and information work, conduct more localized programs with the clergy, and other "gatekeepers" and, in general, bring more effectiveness to the community level in battling a problem—Alcoholism—which in the final analysis is a people-community problem, to quote Pres. Miller.

Under the new set-up, Jim Donahue, director of Raleigh Hills Hospital, Spokane, remains as the chairman of the executive committee.

**In discussing the changes with a number of WSCA members, old-timers and newcomers, FOCUS learned that there was a lot of enthusiasm and positive feeling about the new re-shaping and recognizing that more work was ahead, were willing to pursue the course to broaden the base and strength of the WSCA, the only statewide health organization devoted solely to combatting the disease of Alcoholism.**

#### **NCA National Forum Slated**

Underlying the local Council business as an affiliate of the National Council on Alcoholism, there was a lot of discussion about the upcoming national NCA Forum to be held in Seattle May 2-7, 1980. Barbara Starr, past council president and past-executive Secretary, along with Ray Olsen, Seattle, is serving as co-chairman of the national meet and Neil Scott, who heads the NCA field office in Bellevue, will be assigned as the pivot man in the planning and programming process.

#### **Committee Heads Named**

At Saturday morning's session, Pres. Miller named a partial slate of action committee heads for the approximately 150 who were present: Budget, John McGivern of Northend CAC, Seattle; Clergy,

Mike Schmidt, continuing in that spot from 1979; Public Policy, Patricia Stromberg, longtimer in the field, Director of Southeast CAC, Kent; Education/Prevention, Carol Mooney of ESD 121; Affiliates/Community Organization, Jim Brooks, Bellingham, a pioneer of WSCA and currently a 3rd VP of NCA; Womens' Committee, Linda Knight; Treatment, Jack Gronwald; and the management chairman of the Labor/Management Committee, Howie Meadowcroft, top exec. of the Weyerhaeuser company. Miller indicated other committee heads would be named later for Fund Raising, Medicine, Health, Minorities, and Public Information.

#### **Ralls Award To "Big Pete"**

**The annual meeting banquet Friday night included the giving of the Alice Ralls Memorial Award; Mrs. Ralls was one-time president of WSCA and a pioneer in its formation, highly active in the struggle to bring Alcoholism into a field of its own away from mental health. This year, it went to Dayton P., known to hundreds of his AA friends in the Seattle area as "Big Pete".**

Banquet speaker was Dr. Jokichi Takamine, M.D., long noted as an activist in the alcoholism field and current chairman of the board of NCA, Los Angeles County. "The Price of Silence" was the keynote of Takamine's presentation who pleaded for more and more people to be brought into the WSCA-NCA volunteer effort. The Los Angeles doctor also sounded a somber note on the future of alcoholism programs saying that the funding and continuation bill for NIAAA was at an impasse in Congress and urged the field to write committee members and individual congressmen indicating the danger point of such a situation.

**Takamine also pleaded for less turfdom struggles, with more of the programs getting together with a sense of community. "It becomes imperative that everyone get involved", Takamine said, "for alcoholism is a people and a community problem."**

#### **Dr. Anna Graham Present**

**Dr. Anna B. Graham, head of NIAAA's Volunteer Resource Development Project was also in attendance at the annual session and in a press conference said "The American Public is not simply ill-informed about alcoholism, it is not informed at all." Dr. Graham explained the VRDP is one attempt to help inform people about alcoholism and to forge a partnership between the public and the governmental agencies to better deal with the public.**

WSCA has one of the 35 VRPD Grands and its program rates among the Top 5. Graham also said that WSCA executive Director Jerry Caffroy had been named as Western Regional Representative for the projects.

Dr. Graham said the Volunteers from the general public will serve an important function by supporting recovering alcoholics through the recovery process. Volunteers can add to the effectiveness of alcoholism agencies by adding talents that money couldn't buy in the field of Public Relations, speakers bureaus, legal and social support mechanisms, Graham said.

She pointed out that the new reorganization would make it easier for WSCA to achieve a greater number of volunteers on a local level and that was the name of the game.

#### **Gov. Ray Praises Programs**

**Martin Sandler, principal owner of the Spokane Sheraton where the annual session was held, and master of ceremonies for the evening, read a telegram at the Friday banquet from Governor Ray in which she praised the "Dynamic alcoholism programs in the State." The Governor's letter pointed out that Washington ranked Number 3 in special treatment facilities and 6th in the number of people receiving treatment. The Governor also had high praise for the work of AA in the alcoholism field and urged all to work to improve and increase public awareness that alcoholism is a treatable disease.**

## Halcyon House Expansion

A report from Janet Ryan, Administrator of Halcyon House, a recovery residence for alcoholics at Quilcene, on the Olympic Peninsula, where the Hood Canal Bridge used to be, says the facility is in the process of expanding from 12 to 15 beds; completing a new bathroom facility with accommodations for wheelchair use.

Janet reports another prime objective was to increase income to put one of the CETA employees on the permanent list—mission accomplished—Gayle Brink (nee Burfoot) is the new Associate Director and Counselor II.

**Waxing a bit poetic, Janet reports the salmon are coming up to spawn, a galaxy of fall colors are appearing, a bountiful fruits and vegetable harvest is nearly complete, and "we consider ourselves very fortunate to be where we are, and sober to enjoy it."**

## Drug Training Notes

Stepped up activity in the field of drug program training was outlined by Rose Soo Hoo of the Drug Office. She indicated the multicultural training session of July at Alderbrook with guest trainers Bob Dickason of Central Area CAC and Lyle Quasim of DSHS.

Also involved was Bryon Kuni-sawa of the Center for Multi-Cultural Awareness, Washington, D.C.

Comments showed the session to have been well received with requests for further sessions.

Later, in Richland, 54 physicians turned out for a workshop on prescription abuse.

Training is also underway on Community Needs Assessments, and Bio-Feedback with one such session repeated in Spokane in late October.

## 800 Hear Captain Pursch

Combining a keen sense of humor and one of the nation's top sources of alcoholism information, Capt. Joseph A. Pursch, USN, MC, flight surgeon and psychiatrist, captivated an audience of 800 at Ingram High School in Seattle on the evening of September 26.

"Alcoholism as a Community Disease" was the topic of the appearance by the personable M.D. who has had such patients as Mrs. Betty Ford, U.S. Senator Herman Talmadge and Billy Carter. Pursch has gained national attention and recognition through his 12-year involvement with the Navy Treatment Center at Long Beach.

Basically, he talked of confrontation, motivation, and the need for community and family understanding of alcoholism as a problem affecting the entire community. His appearance in Seattle was part of Alcenas Hospital's Public Awareness push and was offered free to the public. Patricia A. McCullough, Alcenas Administrator, who handled the details, also had Capt. Pursch on "Seattle Tonight Tonight" and "Seattle Today", both on Channel 5.

Alcenas Hospital is an 82-bed alcohol treatment hospital located in Kirkland, WA.

Capt. Pursch, M.D. is booked to address the Jan. 23 noon luncheon of the Yakima Valley Council on Alcoholism. Co-oping in the event are the Alcoholism Admin. Board, Sundown M, and the Yakima Indian Nation Alcoholism Program.



## Snohomish County Expands Drug Services

The Drug Abuse Council of Snohomish County continues to expand its services to better meet the diverse needs of the residents in the county. The Drug Abuse Council has three programs: prevention, treatment and assessment and referral.

The Prevention Program offers consultation and information services to churches, schools, agencies and community organizations. One goal is to network programs with other agencies involved in health promotion activities.

The Drug Abuse Council Treatment Program has recently hired two new people to the staff. Sarah France, M.S.W., and Steve Rautman, Ph.D. candidate, began full-time duties on October 1. Sarah joined the staff as a therapist for adolescents with several years of experience in other mental health agencies in the county. Rautman is finishing his dissertation from the University of Nebraska Diagnostic and Evaluation Center, Department of Corrections. Prior to that, he worked as a counselor in a chemical dependency program, also in Nebraska. Both Sarah and Steve will be responsible for community work and for maintaining a full-time caseload. Steve will also begin work on establishing a satellite office in the northern part of the county.

The Drug Abuse Council's assessment and referral program is responsible for screening, evaluating and placing in treatment, those persons in the criminal justice system who are involved in drug abuse. This program is currently applying for second year TASC project funding through LEAA.



# Nov. Advisory Council Busy

Praising the final report of the Womens Task Force and expressing hope the recommendations didn't get shunted aside to gather dust, the Citizens Advisory Council praised the work of the special group and admonished the Office of Alcoholism to carry on. Program includes sessions on special training and a hefty program of Public Information.

Earlier action of the Board OK'd a \$1,500 training package for occupational counselors as formulated by Patricia Stromberg.

The Council also heard that SPARK in Spokane is working with the Jaycees in that city in a two-day novel "Spark-a-thon" of disco dancing to hit a \$20,000 goal for programs. Marilynne McKell said there were a lot of beneficial side effects spinning off from the effort in the way of first-time knowledge and support by business firms, a healthy PR effort making inroads in the area. The Disco fund raiser is scheduled for Dec. 29-30.

The Council also OK's a letter through the Director, DSHS, rapping the Carter health insurance plan and its stand on alcoholism. Voiced by Chairman Bill Schneider, the letter pointed out many cost-efficient advantages of the Washington Alcoholism programs of treatment. The statement will go to the State's Congressional delegation as well as pertinent committee members.

Tom Armstrong reported that the new WAC 275-19 is still in process with hearings to be held in January. He also said the RFP for a media blitz will be let in December and that some changes in 70.96.A were being studied.

# THINGS TO COME

DATES	TRAINING	WHERE
12/13-14/79	Sexuality Issues in Treatment (D) . . . . .	Region 1—Spokane
(D)—Drug Programs	(A)—Alcohol Programs	TBA—Place to be announced
	Training bulletins in advance give details; but, generally, for either drug or alcohol items, priority enrollment is as follows:	
	Alcohol or drug staffs of public funded alcohol or drug agencies	
	Private, non-profit facilities	
	Ancillary disciplines (in the base of an alcohol or drug course) probation/parole, CSO's, Public Assistance personnel, etc.	
	Enrollment priorities are also spelled out in advance notice bulletins; this listing gives a general future outlook.	
	Alcohol Studies Program, Seattle University, 12th and East Columbia, Seattle, WA 98122, (206) 626-6498.	
<b>FALL 1979</b>		
Sept. 26 - Dec. 13	Advanced Physiology of Alcohol, Mon. 7:00-9:00 p.m. Alcoholism & The Family, 7:00-9:30 p.m., H. Dotter, Prereq: Alc 402 (Counseling) Advanced Counseling, Tues., 7:00-9:30 p.m. D. Reynold, Ph.D., Prereq: Alc 402	
<b>WINTER 1980</b>		
Jan. 3 - March 14	Group Dynamics in Alcoholism Treatment, Tues., 7:00-9:40 p.m., Lorie Dwinell, MSW ACSW, Prereq: Alc 402 Interview & Diagnosis, Case Reporting Agency Administration, D. Reynold, Ph.D. Survey of Drug Abuse	
	TENTATIVE	
<b>SPRING 1980</b>		
March 24 - May 30	Modes of Therapy in Alcoholism Treatment Alcohol Problems in Business & Industry —J. McIntyre, Pacific N.W. Bell Advanced Counseling	
	TENTATIVE	



## Embottled Woman at UW draws 250

"Highly successful" and "a third edition being planned" so says Patricia Stromberg of the second "Embottled Woman" conference held at the U of W November 29-30. About 250 attended, hearing a blue ribbon panel of guest speakers hold forth on current directions in research most effectively applied to women in treatment.

Conference workshops addressed issues of sex roles and alcoholism, feminist therapy, assertiveness and impact of current legislation.

Participating were Anne Baxter, Exec. Director of the California womens commission on Alcoholism; Shelia Blume, M.D. Director of the New York Office on Alcoholism and Ruth Sanchez-Dirks, special assistant to NIAAA Director DeLuca.



Focus—  
BASA—DSHS  
OB-44-W  
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