

# Bureau of Alcohol and Substance Abuse

## FOCUS

Alcohol

Drugs

Vol. 1, No. 1

June 1979

*In Volume 1, Number 1 of October 1960, Dr. Bernard Bucove, then Director of the State Department of Health, launched a publication titled "Focus." "A new bi-monthly publication dedicated to the Alcoholism Program."*

*Dr. Bucove hailed the fledgling newsletter as "A step forward, following the State Alcoholism Program Advisory Committee recommendation that people be provided with current information about alcoholism. We trust this will be a useful tool in that regard." Mrs. Nell Long was editor from offices in the Smith Tower, Seattle.*

*The first edition 19 years ago headlined: "Alcohol, a New Challenge in Nursing"; a story about the funding of two new clinics in Vancouver and Tacoma; notification of a future workshop to feature Marty Mann, founder of the National Council on Alcoholism; a report of a speech by then Governor Al Rosellini at the Pacific Regional Conference of Alcoholics Anonymous in Tacoma; a story about a three-day inter-faith clergy workshop; a report on the 25th AA International convention in Long Beach, California; and a story on the move of the Seattle Alcoholism Treatment Clinic to 1110 Howard, and that AA referred 159 patients there during the past fiscal year.*

*FOCUS lasted to Vol. 11, Number 4 in October of 1970; thumbing through those files lends credence to the fact that the more things change, the more they remain the same.*

*We trust this cycle of FOCUS will serve the informational needs of the many facets of the Alcoholism and Drug Abuse field in the State of Washington. As a newsletter, it lives on news contributions. It will be as good and valuable as you can make it.* TRK

## From the Desk of the Bureau Director Bureau of Alcohol & Substance Abuse

By Dean Gregorius

Forming the Bureau of Alcohol and Substance Abuse has been a tremendous challenge. Seeking appropriate ways to coordinate programs and yet maintain the necessary separate identity has not been an easy task. I believe focusing on the needs of our clients is the best way of seeking direction. We now are seeing more poly-drug users in treatment. We have been coordinating training with mutual staff and with agencies. Also, better utilization of staff has occurred by placing some staff over programs that relate to alcohol and drugs. I believe that separate funds and identities must always be maintained. I am well aware of the different philosophies between treatment for heavy drug usage and treatment for alcoholism. However, we need to look to the positive ways that we can be more mutually supportive to serving the addicted client.

Since I have been both Bureau Director and Alcohol Chief for the past two months, I would like to share some positive things that have happened recently in the Alcoholism Program.

- For the first time we have a line item budget for training. That means we can plan a years training in advance. In addition, we are asking you to define your training needs.
- We have had higher visibility on television and in other media.
- We have come out with County Guidelines that are responsive to small countys' needs.
- We have had some firsts in training such as administrative board training, women in alcoholism, and upcoming program directors training.
- A major piece of legislation, HB 665, has passed with Task Force and staff support.
- Northern State will be opening in July. I have just returned from there and I am excited with the prospects. Actually, it will be the first secure involuntary treatment program in the nation. Pioneer Cooperative has been marvelous to work with in developing the program. I know we have a lot of problems to overcome in commitment procedures, transporting clients and in holding clients. We can work together to overcome these problems. Training on involuntary commitment procedures will begin in July. We are also developing workshops for judges and prosecutors.

(Cont. on Page 2)

## From The Drug Program Director

By Bill Quick

This first issue of *FOCUS* is issued near the second anniversary of the Office of Drug Abuse Prevention. Prior to July 1, 1977, the Drug Abuse Program was divided between two agencies of state government. Treatment programs and funding were administered by the Bureau of Mental Health within the Department of Social and Health Services. Planning, prevention, and training functions were the responsibility of the Office of Drug Abuse Prevention which was part of the Governor's Office of Community Development.

One of these agencies was responsible for submitting the state plan to comply with federal regulations; the other, responsible for carrying out the treatment program. Coordination was difficult and the structure seemed to violate the federal requirement that there be a single state agency to administer federal drug treatment dollars.

Effective July 1, 1977, by executive order of the Governor, these two programs were combined as a new office within the Community Services Division of DSHS. The two years since then have brought a great deal of activity, many changes, and the beginnings of an organized, clearly identified program.

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- We have added a staff person to work full-time on improving institutional and correctional alcohol and drug programs. Soon we will have a staff person to serve other special populations such as aging and specialized rural problems.
- Regarding communications, this Newsletter is but one attempt to improve communications. The new Chief, Tom Armstrong, and myself want to have high visibility with you. Legislation will be assigned to a new staff person so in the future we can keep you better posted.
- Tom will also begin attacking the insurance problems. A Committee from the State Advisory Council will meet with the Insurance Commissioner to begin resolving problems.
- A Minority Task Force is being formed. Bob Dickason, Director of the Central Area Community Alcoholism Center in Seattle, is assuming responsibility for getting the Task Force formed.
- 10 additional Title XX beds have been requested and verbal assurance for funding has been given; however, due to unforeseen Federal funding problems late in May, these beds may not be on line until October.

## Tacoma Site of First Administrative Board Training Conclave

With 21 of 32 County Alcoholism Administrative Boards represented, Pierce County and Region 5 hosted the first annual Administrative Board training session, a two-day affair, at the Sherwood Inn, Tacoma in early May.

With planning underway since February between Sam Grubb, Chairman of the Pierce County Administrative Board, Paul Templin, Representative of the Bureau of Alcohol and Substance Abuse (BASA) for Region 5, and Administrative Board members Betty Stewart, a volunteer at Puget Sound General Hospital Alcoholism Treatment Facility, and Mrs. Harry (Joann) Curtis, it culminated with a group of about 50 hearing a varied program covering a wide range of board activities.

In welcoming the group, Pierce County Commission Chairman Joe Stortini, a former State Senator, emphasized the importance of advocacy and local service delivery; Dean Gregorius, Director, DSHS, BASA indicated the broad state and federal policies of putting dollars, and administrative services as close to the using population as possible. Paul Templin reviewed the Uniform Act and legal responsibilities and requirements of the Board. Neil Scott, Regional Representative of the National Council on Alcoholism, the only national and State (WSCA) health agency devoted entirely to alcoholism, told the group that the main task still was "reducing the stigma" of alcoholism and that "we're embarking on a new era of activity."

Having just returned from the Washington, D.C. NCA Forum, Scott praised HEW Secretary Califano's public dedication to alcoholism and his setting of directions. "This is the first time a cabinet member has ever endorsed alcoholism programs publicly," Scott said.

Scott also told the group that the new head of NIAAA was John deLuca of New York. He spent some time on the subject of volunteers, the prime thrust of the 1979 program of the Washington State Council on Alcoholism and urged affiliation of Administrative Board members.

"Board members must have three 'Es' and three 'Cs,'" said Scott, "Energy, Enthusiasm and Excitement plus Commitment, Concern and Courage."

The group then met in small sections covering WSAMS led by Hal Mischke; Processes for Organizing and Conducting Meetings, with Paul Templin; How to Work with the Regionalization System with George Brock of Region 2; Involuntary Commitment and Detox; and the Planning Process.

The small group sessions were continued on Saturday morning.

A discussion of Engrossed Substitute House Bill 665 covering DWI was the topic for banquet speaker Rod Chandler, a State Representative who was instrumental in getting the bill through the legislative process.

There was also a demonstration of resources with literature and brochures including a special exhibit by the State Library System with Diane Walker.

Both Grubb and Templin said that early comments indicated Board members wanted this to be not only an annual affair, held in a different region yearly, but a program of training that could be worked successfully on a regional basis.

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*"The Bright  
 Side Of  
 Alcoholism  
 Is  
 Recovery"*  
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Major changes or new actions include: establishment of a county planning process for drug abuse services; establishment of a fiscal system for payment of drug treatment programs; establishment of county contracts for drug treatment; negotiation with the National Institute of Drug Abuse of a statewide services contract; implementation of Washington Administrative Code to establish standards for treatment and management of drug treatment programs; development of a monitoring and evaluation manual; and regular annual certification of drug treatment programs. Staff, county coordinators, and drug treatment program staff have responded with a very high level of effort and cooperation. I look forward to similar, but less hectic, progress during the next two years.

## Chelan-Douglas County Marks Opening of New Center

An open house was held April 10 at the new Chelan County Special Services Center operated by the Chelan-Douglas County Alcoholism Services Association.

The new detoxification center/recovery house will be one of the finest facilities in the state, according to Association Executive Director Reece Davis. It is housed in a former hospital administration building purchased by the county and remodeled at a cost of \$110,000.

**The Special Services Center provides 14 beds for 72-hour detoxification, and 14 beds for persons awaiting entry into intensive treatment programs or preparing for reentry into the community following intensive treatment.** "The residential setting will make it easier for those waiting for intensive treatment," said Davis. "We will be able to do some counseling, and help motivate them to continue treatment after they complete detoxification."

Chuck Buchanan, Program Representative for the Department of Social and Health Services, Bureau of Alcohol and Substance Abuse, said the facility will allow the counties to greatly improve services available to alcoholics not only from Chelan and Douglas Counties but also in nearby Grant and Okanogan Counties.

Both Buchanan and Davis gave credit to Thomas Green, Chairman of the Chelan County Board of Commissioners, for development of the new facility. "Green has been very supportive of our program from the beginning," said Davis. "Our new facility wouldn't have been possible without his help."

## Tom Armstrong — New Alcoholism Chief

Thomas F. Armstrong, current Operations Chief, King County Division of Alcoholism Services in Seattle, was named by Dean Gregorius, Director, BASA, as the new chief of the Office on Alcoholism replacing recently resigned Bud Atkins.

**Gregorius indicated that Armstrong brings a wealth of both academic and practical field experience in alcoholism to the post which would qualify him well to function in the strengthened role envisioned by the Bureau. Recent reorganizational changes put Armstrong directly over statewide programs including policy making, evaluation, alcohol training programs, corrections programs and programs serving specialized populations. Field Representatives will report directly to Gregorius thus freeing the new Chief to deal more with policy matters and be more available to the alcohol community.**

Commenting on his appointment, Armstrong said upon his arrival in Washington State in 1978, he was impressed with the most visible, comprehensive and logical alcoholism treatment network he had ever examined and his impressions have gained strength as he had opportunity to work with the program.

Armstrong said the roots of the system lay in the collective strength and intelligence of people devoting their individual energies, skills and experience to the alcoholic.

**As a personal goal, Armstrong said, "To state the problems clearly and to focus the collective ingenuity on their solution; to enhance the integrity and the visibility of the network; to nurture the best in people and programs, these are the goals and challenges of the office and I am pleased to be a part of that process."**

Armstrong is a 1962 graduate of Notre Dame with a MA from the John Hopkins University with post graduate and graduate work at Union College, Schenectady, New York, and Rutgers University Summer School of Alcohol Studies in 1973.

The 38-year-old Armstrong was Chairman of the English Department of the Monmouth Regional High School in New Shrewsbury, New Jersey for eight years to 1971. Later he spent two years as Coordinator, Training and Evaluation, at the Monmouth Workshop in Red Bank, New York, responsible for design and implementation of vocational training and programs for handicapped individuals in sheltered workshops. Armstrong spent a year as Director of Consultation and Education of the Alcoholism Treatment Program of the Perth Amboy General Hospital, followed by three years as Director of the

same program serving a catchment area of 160,000 persons in a comprehensive alcoholism treatment program including emergency services, in and outpatient services, and employee assistance services.

Leaving that position in December 1977, Armstrong became affiliated with the King County program where he was coordinator and supervisor of programmatic activities of 19 treatment agencies. He was also involved in analysis of program deficiencies and design of corrective actions, creation of funding proposals, direct supervision of management activities of six Program Administrators, and Coordinator of all training functions within the 200-employee county alcoholism system.

### Advisory Committee, Drugs, Set Meetings

Bill Quick, Chief of the Office of Drug Abuse, announces the State Advisory Committee on Drug Abuse Prevention met June 7 at the DSHS Region 4 office. According to Quick, the agenda includes orientation to the function of the Regional Office, the Regional Management Committee and Regional Program Representative.

July 12 and 13 are tentative dates for a two-day meeting of the Committee at Seabeck. Tentative agenda for the July session is slanted toward training to orient the Committee to Multi-Cultural problems, resources and programs. For further information, call Linda Walker, BASA at (206) 753-5866.

### Alcoholism Certification Board Has Big April; Hikes Fees

The Alcoholism Certification Board named five new Certified Alcoholism Counselors at its April 12 meeting. The new Specialist II level "CACs" are Theodore J. Maloney, Les Saunders, Ward Buckingham and Charles Buchanan. Ken Huston was Certified at Specialist I level. Further certification action is slated for the June 14 meeting of the Board.

**Fee boost for certification from \$50 to \$75 and recertification, \$25 to \$50 was announced by the Board and its parent body, the Alcoholism Professional Staff Society. Inflation and rising costs of Board services, supported by fees only were cited as primary reasons.**

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*Alcoholism Is An  
Equal Opportunity Disease*

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## WISDUM Reports Show 3200 Clients; 40% Women

Reporting on the Washington Information System for Drug Units Management seems to have stabilized at approximately 3200 clients. 588 of the treatment slots statewide are funded through the statewide services contract with the National Institute of Drug Abuse. Utilization of those slots is reported at 97.5%.

**40% of clients reported on the system are women, approximately 15% are minorities, 30% are public assistance recipients and an average of 35% are adult offenders. Statewide, only 10% of all admissions to drug treatment programs are readmissions.**

The above figures reflect a strong response to the needs of priority groups of clients. The figures also indicate a strong overlap of clientele served through DSHS programs.

### Policy Under Development

Several programs have raised the issue of providing services to "significant others." The WISDUM system does not lend itself to reporting services to individuals other than the primary drug abuse client. Further, depending on the funding source of the services provided, the services to "significant others" may not be eligible for funding. The drug program unit is attempting to develop a policy statement which defines the kinds of services and for which individuals that may be reported on WISDUM or billed from various funding sources.

During the two years of the program's existence, several drug treatment programs have been discontinued. Experience with those programs indicates that there is limited understanding or application of federal and state regulations (42 CFR Part 2 and WAC 275-18) that apply to retention or destruction of records for discharged clients or programs that have terminated. Bureau staff will attempt to extract from these official sources a concise, easily understood policy statement on retention of records. Such a policy statement will be intended for general distribution to treatment programs and county coordinators.

### Clark College Adds Two-Year Course

Vancouver's Clark College announced a new two-year training program for alcoholism counselors in addition to the one-year alcoholism counselor aid program in place since 1975.

(Con't. page 8)

## No. State Facility Set for July 1

A reality after several years of trying, the secure facility on the grounds of Northern State Hospital will swing into the first of a three phase program to handle high chronicity involuntary commitments about July 1.

The Citizens Advisory Council to the Office of Alcoholism heard program details from Norm Chamberlain, Bert Calhoun, and Bob LaLanne of Pioneer Co-op, contract agency for the new program. LaLanne will be program director.

Dealing specifically with chronic indigent alcoholics, probably about 400 statewide, the program, known as Pioneer Center North, will eventually gear to handle about 166 bed patients annually although the first phase calls only for 25 beds in the first phase.

The Northern State unit will have a minimum security aspect to hopefully prevent walk-aways, and the staff will have specialized security training.

According to Chamberlain, there is nothing quite like this arrangement in the Nation, and in keeping with the Pioneer Coop philosophy since 1963, it will offer a "Chance for a Change." Chamberlain told the group that in a correct, protected environment, with a new intervention strategy and process, it is hoped that many of these high chronic, long-term risk patients "can be turned around."

Chamberlain and his staff gave Bob Rotchford's committee a detailed rundown of their "Chance" program, — "Concentrated Help And New Choice Experiment."

Under the arrangement, the State provides the facility, food, utilities and some other services and PCA provides staff and programming. Some \$160,000 was budgeted for program startup. Some details have yet to be finalized, but the target is July 1.

## Alcohol and Drug Problems Association 30th Annual Meeting Announced

Over 1,000 professionals in the substance abuse field are expected to attend the 30th Annual Meeting of the Alcohol and Drug Problems Association of North America at the Washington Hilton Hotel in Washington, D.C. the week of August 26-30, 1979.

For a preliminary program and registration information, contact:

Marcia Levin, ADPA, 1101-15th Street Northwest, Suite 204, Washington, D.C. 20005

## NIAAA Grantsmanship Seminar for Occupational Grants Set

Responding to many requests to address occupational programs through the grant mechanism, the Occupational Programs Branch of NIAAA in conjunction with the Bureau has slated a day long seminar for June 22 in Spokane.

The seminar will enable NIAAA to give prospective applicants parameters established for occupational grants and showing participants how to develop their ideas into an application of technical merit. The quantity of applications will support NIAAA efforts to have 50% of the national work force covered by occupational programs by 1985 as outlined in the five year national plan.

Seminars aim to stimulate innovative occupational research projects focused on DHEW and Institute priorities such as special needs of alcoholic women and minorities.

Pre-registration is important and those interested should contact their regional reps or the state coordinator of the show, Dwight Bond, Region 3 Rep at 1509 32nd St., Everett, WA 98201, (206) 259-8451 or SCAN 265-8451.

The Spokane seminar is scheduled for the Holiday Inn "On the Hill", 4212 Sunset Blvd., off I-90 coming into Spokane from the west. There are no seminar fees but travel and lodging is the responsibility of the individual.

## Administrative Workshop Set June 14-15

On June 14 and 15 an Alcohol Administrator's Workshop is scheduled for the Sherwood Inn, 400 Northeast 45th in Seattle. The sessions are sponsored by the Alcoholism Program Directors' Association and coordinated by Pioneer Cooperative Affiliation. National, State leaders in Management and Training have been scheduled for the two-day event open to all alcohol administrators and directors on a first priority basis.

**Stated to appear are Dr. Frank Petrok, management consultant; Dr. Ray Romaine, specialist in Stress Management; and Bob Moawad, President of United Learning Institute. Representatives of local and state programs will also participate.**

Focus of the training will be on organizational and staff development models and methods; stress management, building employee morale, staff utilization and motivation, employee/ employer rights, and time management.

## Washington State Council On Alcoholism Completes Round of Volunteer Training

With training sessions in Kennewick, Wenatchee, Spokane, Vancouver and Seattle, the Washington State Council on Alcoholism (WSCA), following its Volunteer Resource Development Grant, has completed the first round of a program dedicated to the expansion of development of a volunteer component.

WSCA Executive Office said that although attendance was not all that had been hoped for, reaction to the training in the use of volunteers and development of a volunteer program was positive, and there will be on-site follow up and technical assistance available.

The training contract was handled by Human Services Training Institute, Spokane, with Janice Monti, William Hillar, and Nancy Greene, Administrative Assistant to WSCA.

## U of W Names New Head of Institute of Drug Abuse/Alcohol

Dr. Ruth Little, well-known in the alcoholism field throughout the state and nationally for her work on the FAS, and other alcoholism projects has been named by U of W brass to take the helm of the Institute of Drug Abuse and Alcohol replacing Dr. Marc Schukitt who vacated the post nearly a year ago.

Dr. Little said she was not originally in the running for the job but her application was sought by U of W selection staffers. She's expected to take over the office about July 1.

## Bureau Director Named To Nat'l. Board

Dean Gregorius was recently appointed as a member with the National Association of State Alcoholism and Drug Abuse Directors. Dean was selected to represent Region 10 on the Board. Quarterly meetings are held in Washington, D.C. Dean will be attending the annual board meeting in Vermont June 11 through the 15th, 1979.

Deadline — Next Focus Issue —  
July 15 — We Need Your  
Contributions!

## ENGROSSED SUBSTITUTE HOUSE BILL 665 MEANS ALCOHOL INFORMATION SCHOOL FOR DRIVING WHILE INTOXICATED FIRST OFFENDERS

New legislation designed to get uniformity and certainty of punishment for DWIs was passed this session and was signed into law by Governor Ray in mid-May. Under the new law which makes changes in 46.61 RCW, a person is guilty of driving while under the influence of intoxicating liquor or any drug if he drives having 0.10 percent or more by weight of alcohol. The same standard applies to physical control. In addition, the new law calls for a day, or not more than one year in jail; the one-day sentence shall not be suspended nor deferred. The law also calls for the first offender to attend an AIS approved by BASA, DSHS.

**Second or subsequent convictions within a 5 year period can draw jail time of 7 days to one year and a maximum \$1,000 fine. The 7-day sentence shall not be suspended or deferred except in unusual circumstances. Additionally, the court shall sentence 180-days, suspendable upon condition of non-repetition, alcohol or drug treatment, supervised probation, or other appropriate conditions.**

Effective date of the legislation remains questionable. Provisions of limiting courts to defer or suspend are tabbed at January 1, 1980. Whether the first arrest — AIS provision is effective then or at the normal 90-days-after-Governor's-signature, is under BASA study for a legal interpretation.

The new legislation also mandates that DSHS shall "organize and sponsor a statewide program to help court personnel — including judges — better understand the disease of alcoholism and the uses of alcoholism treatment programs."

The Bureau will develop standards for court-ordered evaluations — including qualifications of evaluators — so such standards are ready to implement if the law is further amended to include alcohol evaluations.

Point man for the Bureau on the new law is Jess McCabe.

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## 1980 Drug-Alcohol Plan Guidelines in Hands of Counties

Separate guidelines for small and larger counties have been distributed along with guidelines for complying with Section 504 of the Rehabilitation Act of 1973, are now in the hands of County Coordinators and Administrative Boards.

**Preliminary plans are due October 1, with finals on December 17.**

(Con't. page 6)

## Minority Task Force To Get Underway

Although not officially named, action is being taken to complete the official blessing on a Statewide Minority Task Force, as contemplated by the Citizens Advisory Council last January.

At press time, the following had been contacted and had agreed to serve: Frederick W. Urtaza, NRO Director, Walla Walla; Sharon Rederford, Involuntary Commitment, King County Division of Alcoholism; Ernie Turner, Director Seattle Indian Alcoholism Program; Kelley Mathias, Executive Director of the Washington State Indian Commission; Bob Dickason, Director Central Area CAC, Seattle; Raymond Felician, Counselor at White Center; Mariano Torres, executive administrator on Mexican Affairs; Aaron Dean, Director of Personnel, Washington National Guard; Gene Uno, Director of Seattle Detox, and Dee Calhoun, Director of Nursing, Seattle Detox.

## Statewide Training Committee Begins Task

Formation of a statewide Alcohol Training Advisory Committee was announced at the June meeting of the Advisory Council of the Office of Alcoholism by Jean Burgan of the BASA Staff.

Chairperson of the Committee is Bob Dickason, Central CAC, Seattle and Committee representatives are: Certification Board, Leslye Miller, Linda Grant; Professional Staff Society, Pierre Brown, Jean Keefe; Program Directors Association, Lois Parker, Revis Smith; Washington State Council on Alcoholism, Gerry Coughlin, Dr. Richard Lander; Indian Commission, Kelley Mathias, State Alcoholism Trainer, Jean Burgan.

As stated by Burgan, the Committee will identify needs, develop concepts, coordinate and plan a statewide training corps, make assessment of various courses, and do studies on the levels of training.

With a specialized line item in the budget for training, the entire range of objectives and functions will enable BASA to set up training plans for a year in advance.

## Clergy Workshops Draw Praise, Want More

"Positive," "Valuable," "More" — According to letters of comment received after an early April workshop for the clergy held in Mount Vernon, and a follow-up meeting held in mid-May, Dwight Bond, BASA Representative, Region 3, instrumental in arrangements for the workshop process, said he felt a great need for further workshops of this type and had commitments in Region 3 from school administrators and counselors, community social workers, Headstart staff and business people.

Working closely with Bond on the affair was the Reverend Warren Schumaker, Pastor of Trinity Lutheran Church, Mount Vernon, and a member of the Alcoholism Administrative Board of the Tri-Counties.

Featured were the Reverend Mark Johnson, Pastor of Mount Vernon's First Lutheran Church, John King, Tri-Counties Alcoholism Coordinator, Father Jack Marsh of St. Paul's Parish, Seattle, Diocesan Consultant on Alcoholism and author of the book "Freeze the Disease," and Dr. James Smith, Medical Director of Shick Shadel's Hospital, Seattle.

Letters of comment were complimentary, many asking for "more." One saying, "it opened up a neglected area in my ministry," and "How can a minister get help in getting an AA group started."

## Progress Noted in Elderly Program

One of only two alcoholism projects for the elderly funded by NIAAA is in its first year of operation in Vancouver, Washington, with Barbara Skorney as Project Director. Underway since October 1978, and operating on a three-year grant, the project includes services for both clients and ancillary agency groups.

**Since launching, the program staff has introduced programs and surveyed 40 agencies. Alcoholism education and training have been given to 12 agencies with further training to cover remaining agencies targeted to end June 30.**

**May 25th saw the first mini-health fair staged and aimed at the target client group.**

Project staff in addition to Ms. Skorney, includes David Polefka, Ph.D., Clinical Director, James Hamilton, Alcoholism Counselor, Jean Dunlop, Medical Social Worker; Maria Jungel, Outreach Worker, Barbara Paladenim, Data Coordinator and Gwen Goldberg, Ph.D., Researcher.

For further information, write HWPC, P.O. Box 425, Vancouver, Washington 98666 or phone (206) 694-6577.

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## THINGS TO COME . . .

- Advisory Committee on Drug Prevention** — June 7 — DSHS Region 4.  
(2-day seminar, Seabeck, July 12-13)
- Women in Treatment** — July 21-22, 28-29 — Seattle
- Citizens Advisory Council for Office of Alcoholism** — July 26
- Occupational Grants Workshop** — June 22 — Holiday Inn, Spokane
- 30th Annual Meeting ADPA** — Aug. 26-30 — Hilton Hotel, Washington, D.C.
- Alcoholism Program Administration** — June 14-15 — Sherwood Inn, Seattle
- Involuntary Commitment Training** — July 13 — Northern St. Hospital; July 20 — Spokane
- 22nd Annual Young People in AA Conference** — June 28-July 1 — Hyatt Regency, Vancouver, B.C.
- 27th Annual Pacific NW AA Conference** — June 29-July 1 — Holiday Inn, Richland
- WSCA Executive Committee Meeting** — June 20 — Grace Lutheran Church, Bellevue
- Information Seminar, Eastside Clergy** — June 30 — Eastside CAC, 1111 110th NE, Bellevue
- Communications Techniques for Alcoholism Program** — July 1 — Holiday Inn, Ellensburg — (Sponsored by Washington State Council on Alcoholism)
- WSCA Summer Board of Directors Meeting** — July 27 — Rodeway Inn, Tacoma — (Standing Committee meeting, evening July 26)

### Drug Abuse Training Program—June

- June 4-5, 1979, 9:00 a.m.-4:30 p.m., DSHS Training Center, 102 E. Baldwin, Spokane
- "Advanced Pharmacology — Health and Nutritional Problems."** A review of pharmacological aspects of detox and how nutritional baseline data may be useful in substance abuse treatment.  
**Trainer:** Dr. Janice Keller Phelps, M.D., Medical Director, Center for Addiction Services, member of King Co. Medical Society's Drug Abuse and Alcoholism Committee.  
**Registration:** Call University of Washington (206) 543-9233 or write to Conference Registration, University of Washington, DW 50, Seattle 98195
- June 7-9, 1979, Seattle
- "Washington Association of Crisis Clinics' Organization" Conference.** Keynote address will focus on Credentialing issues.
- June 11-15, 1979, Vance Airport Motor Inn, Sea Tac, Seattle
- "Counseling From a Cultural Perspective."** An experiential exploration of modification of traditional approaches in order to develop culturally specific treatment and prevention strategies for Black clients: Recruitment, Retention, and Rehabilitation.  
**Trainers:** Irma Wright of A.L. Nellum, Washington, D.C.  
**Registration:** Call Linda Walker or Rose Soo Hoo at (206) 753-5866.
- June 19-22, 1979, Spokane Falls Community College, Building 17, Spokane
- "Women In Treatment: Issues & Approaches."** A review of stereotypes about women which interfere with effective counselor-client interaction in therapy.  
**Trainer:** Roger Messner; trained for Open Door Clinic, WACCO, and C.A.S.  
**Register:** Call Linda Walker or Rose Soo Hoo at (206) 753-5866.
- June 25-28, 1979, Vance Airport Inn, The Olympic Room, Seattle
- "Fundamentals of Program Evaluation,"** designed to assist managers of substance abuse programs to establish evaluation procedures to measure program's progress toward stated goals and objectives.  
**Trainer:** Western Regional Training Support Center of the National Manpower and Training Branch.  
**Register:** Call Linda Walker at (206) 753-5866.

July courses have not been scheduled. Notification will be made.

## Women in Crisis Conference Held

Designed for interaction and exploring commonalities of specialized programs serving women, the Drug Program Section of BASA sponsored a late April two-day statewide "Women in Crisis" Conference at the University Towers Hotel, Seattle.

As spelled out by Gerry Richardson of the BASA Drug staff, a conglomerate of state agencies were represented to discuss services available to women in the community. These included family planning, domestic violence, sexual assault, shelter network, woman-infant nutrition programs, solo parent projects, family day care, homemaker services, foster care and community residential care. Coupled with these were community agencies such as the Center for Addition Services, Pre-Post Natal Program, Seattle; Spokane Alcohol Rehabilitation Center, Women's Inpatient Treatment, Spokane; and the Youth Help Association, Women and Prescription Abuse, Spokane.

According to Richardson, the outcome of the Conference which encouraged woman service providers to explore the possibilities of coordinating program efforts and explore funding resources, will be the development of a communications network and alternative systems structured to improve the impact of services now in place.

## SWARF Programs Has 'Em Working Nights

Intensive outpatient treatment is being offered by the Southwest Washington Alcoholism Recovery Foundation (SWARF) in Kelso and Chehalis. The weeknight programs, developed at SWARF outpatient center in Vancouver several years ago, is held on Monday and Wednesday evening at the Hall of Justice in Kelso; and the Court House Annex in Chehalis on Tuesdays and Thursdays. Lonnie Kail, SWARF's Outpatient Unit Director, supervises both programs.

In addition to orientation and admission sessions, the night sessions offer three hours of treatment each evening. Clients are self-referred, employer referred or those who are under some type of court mandate. For more information, call SWARF Outpatient Center, Vancouver, Washington, (206) 695-1297.

## 1980 Plan Workshops (Con't.) . . .

Workshops on plans are contemplated; dates to be announced, and technical assistance is available from both the BASA office and the Regional Field Consultants.

## Status Report on Statewide Contract for Drug Treatment Services

When the Office of Drug Abuse Prevention was created within DSHS, some 48 of the 54 states and territories delivered drug treatment services under a statewide services contract. Such a contract provides that all federal drug treatment dollars will be contracted through a single state agency which has responsibility for statewide administration of drug treatment programs. At that time, Washington did not have a statewide services contract. The primary reason for federal failure to initiate such a contract seemed to be their contention that a single state agency did not exist in the State of Washington. With establishment of the Office, a statewide services contract was negotiated and initiated July 1, 1978. That initial contract was for 588 treatment slots.

**July 1, 1979, a new statewide services contract will be implemented with somewhere between 760 and 860 treatment slots. That contract will include all of the state except Pierce and King Counties. Pierce County will be included in the statewide services contract effective September 1, 1979.**

King County won't enter the statewide services contract until July 1, 1980. A joint planning committee representing treatment programs in King County, the Seattle Mayor's Office, the King County Executive's Office, and the County Council has been established. The first meeting of that group was scheduled for May 22, 1979. The purpose is to develop a proposal for review by each of the governmental units that will provide for an orderly transition from direct NIDA contracting to a statewide services contract.

## Draft Objectives for State's 1980 Alcoholism Plan Outlined

The June meeting of the Citizens Advisory Council to the Office of Alcoholism, reviewed the objectives for the 1980 State Alcoholism Plan under draft at the present time. The time table for the State plan will be a bit different this year to match up with the Federal requirements including the development of a standard procedure for coordination between the Bureau, county alcoholism programs and the HSA's on the review of grant proposals and county alcoholism plans.

As presented by Milo Kurlie, BASA, the objectives are as follows:

### COORDINATION

Develop a standard procedure for coordination between the Bureau, county alcoholism programs and Health System Agencies on the review of grant proposals and county alcoholism plans.

Work within the regionalized DSHS structure in order to develop a closer working relationship between county alcoholism service agencies and auxiliary community social and health services.

## Coulee Dam Area Gets Alcoholism Services

Establishment of community services in the Coulee Dam area was announced by Chuck Buchanan, Region 1 Field Representative, BASA, in a recent interview with the Spokane Chronicle. Buchanan said:

"Persons needing services for alcohol-related problems in the Coulee Dam area will now be able to get help right in their own community, thanks to a cooperative tri-county agreement establishing a full-time Community Alcohol Center in Coulee Dam." Buchanan indicated that in the past, this area had been served separately, part-time, and without any real coordination by the three independent county programs who share responsibility for serving parts of this multi-county area.

**Now, thanks to the willingness of the three County Alcohol Coordinators — Harry Barth, then Director, Grant County Alcohol Programs, Dorian Greening, Director, Okanogan County Alcohol Programs and Reece Davis, Director, Chelan-Douglas Alcohol Programs — an office will be established in the area to offer, on a daily basis, the full spectrum of alcohol services including Information and Referral, Individual, Group and Family Counseling, Outpatient Treatment, and Alcohol Information School.**

### ACCOUNTABILITY

Revise the Alcoholism Monitoring and Information System (WSAMS) to reflect current information requirements.

Implement the revised Budgeting, Accounting and Reporting System (BARS).

### REFERRAL AND OUTREACH

Develop guidelines for Community Service Office (CSO) staff on the referral of clients with alcohol abuse problems to CACs.

Solicit cooperation of radio and television stations in running the female alcoholic public service spots for an additional 30 days.

### ALCOHOL OFFENDER

Study the impact of the mandatory Alcohol Information School requirement (HB 665) on community Alcohol Information Schools and referrals to treatment.

Develop a curriculum and conduct alcohol education workshops for judges and court personnel.

Develop and issue new guidelines for Alcohol Information Schools.

Develop draft standards for the conduct of alcohol evaluations requested by the courts.

Develop and implement the diversion of offenders with alcohol problems to appropriate alcoholism services as part of the overall LEAA-funded Treatment Alternatives to Street Crime (TASC) Project.

Develop a training program and counseling guidelines for juvenile rehabilitation staff who work with juveniles who have alcohol abuse problems.

### SPECIAL POPULATIONS

Develop a model program for conducting Alcohol Information Schools for juveniles.

Work with county alcoholism programs in reviewing the need for alcoholism services to residents of rural areas.

Assist the Task Force on Minorities in reviewing the need for alcoholism services among minorities and implementing recommendations where practicable.

Establish a committee of the Alcoholism Advisory Council to review the need for alcoholism counseling services for families of alcoholics and current services being provided to family members.

### TRAINING

Conduct training sessions on the involuntary commitment procedure for county alcoholism coordinators and court personnel.

Develop regional training plans which relate to the specific training needs in each region.

Implement the NIAAA Manpower Development Grant Project.

Conduct additional training sessions for alcoholism counselors on basic counseling, counseling families of the alcoholic, advanced counseling and case management.

### '80 Alcoholism Plan (Con't.) . . .

Conduct training for alcoholism counselors on working with special populations, such as Native Americans, youth, elderly persons, the handicapped, and persons with combined alcohol and drug abuse problems.

Train additional teachers in the use of the Alcohol Education Curriculum materials.

Coordinate with the University of Washington on this year's "Embottled Woman" workshop.

### Vancouver College (Con't.) . . .

The two-year stint includes courses necessary for becoming a Certified Alcoholism Counselor as specified by the Alcoholism Certification Board.

Coordinator of both programs is Philip Kano; for further information write Alcoholism Program Coordinator, Clark College, 1800 East McLoughlin Boulevard, Vancouver, Washington 98663, or call Philip Kano (206) 694-6521, Ext. 263.

### DWI (Con't.) . . .

Further, BASA gets an appropriation of \$10,000 to study the working of the new rules and make a report to the Legislature in 1981.

The bill grew basically out of a DSHS task force named last November of alcoholism people, judges, Department of Licensing personnel and State Highway Patrol members. With other organizations also working on bills to crack down on the drunk behind the wheel, four different bills were in the making, and these were combined into the new legislation.

Ramrodded by Representative Rod Chandler, the bill had a squeak through the House, caught some technical amendments in the Senate, then cleared for passage and signature into law.

Original work on the bill sought to get the 25% surcharge money retained in counties for the Alcoholism Administrative Boards to handle in taking care of increased AIS workloads that are

(Next Column)

bound to occur, but this was scratched from the final version indicating that further work lies ahead.

In a letter to Governor Ray, Fred Miller, Task Force Member and Legislative Chairman of the Misdemeanant Corrections Association (MCA), expressed several concerns about the effect on jail population, cost to counties, but did favor the bill with these reservations. "Biggest disappointment to the MCA," says Miller was the omission of sections which mandated alcoholism evaluation and background investigation on second offenders or those with .15 or higher Blood Alcohol Level. Miller's group also felt that under the new law, "mandatory" treatment for second offenders in lieu of 30 days in jail will be gone.

Commenting generally to the Governor, Miller said, "There is further work to be done by all of us if we are to stop the revolving door effect and reduce the inexcusable waste of lives and lost resources this problem generates."

Ted Knightlinger, who served as Chairman of the Task Force Committee indicated he was in general agreement that the bill did not go far enough and expressed a hope that work could continue on correcting the deficiencies prior to the next legislative session.

"A build up of the estimated \$2 million in Driver Services Trust Funds in DMV bothers me," Knightlinger said, "That money should be retained by the counties in their alcoholism programs so that the two elements — money and manpower — can be brought to bear more forcefully upon the DWI problem."

*FOCUS* thanks these contributors: Gary Jensen, Dean Gregorius, Cissy Maden, Chuck Buchanan, Paul Templin, Dwight Bond, Bill Quick, Rose Soo Hoo, Jean Burgan, Milo Kurle, Dick Jones, John Soltman, Fred Cook, Nancy Greene . . . and probably many I've overlooked — excuse it. WE NEED your contributions. DEADLINE . . . JULY 15/79, B&W pictures most welcome. *FOCUS* is published by the Bureau of Alcohol and Substance Abuse bi-monthly. Editor/compiler, Ted Knightlinger, 2501 No. Junette, Tacoma, WA 98406. (Contract No. 5507-BRO-22020).

## Editorial Catchup . . .

In putting together any publication, most especially a Vol I, No. 1, many items are bound to drift in the Editor's notebook, so a final look: *Marg Mills* had a great writeup in the Skagit Valley Herald on 'teen drinking . . . *Dwight Bond* sent notes for a followup story on a retreat of drug-alcohol people in Region 3 — next issue . . . *Paul McBeth*, former Olympic Treatment Center now heads up Oak Harbor CAC . . . *Bud Willard* formerly of Mt. Vernon Recovery House now in Fairbanks, Alaska with an Indian outpatient program . . . *Cissy Madden*, Region 4 said offices have moved to 130 Andover Park East, Tukwila (near Penney's) had a public open house in late May . . . Note here that says some Counties withhold 2% liquor tax and profits and don't pass directly through to programs—what's situation in your county, would like to know, thanks . . . TRAINING: Involuntary Commitment, July 13th at Northern State . . . July 20 in Spokane . . . Client Record Training, dates to come, during July-August . . . Women in Treatment training continues June 21-22, 28-29 in Seattle . . . *Ken Stark* now handling criminal justice liaison out of BASA—former Pioneer Coop, Monroe program . . . BASA staff planning a retreat—flipping a gas pump to decide where—shucks, guys, you can fly to Bermuda . . . *Chuck Buchanan* advises a teen drinking TV series set for Spokane area in near future . . . *John Mackie*—Indian Health Service Director, Portland, and a former Alcoholism Director in Iowa when Gov. Hughes was there—shared the monthly Regional Rep staff meeting early May . . . *Revis Smith*, Grays Harbor, Kairos, and the Program Administrators organization hospitalized Madigan with heart—recovering well at home . . . May 27, 6:30 p.m. KIRO-TV (Ch 7) good half hour on Juve Drinking, "It Can't Happen To Me," just a little soapy, but ending was in young peoples AA group—show also included a commercial on a shampoo of 1/3 real beer . . .

Focus—  
BASA—DSHS  
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Olympia, WA 98504

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